



MASTER GARDENERS JEFFERSON COUNTY

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NEWSLETTER

October 2011

Foundation Meeting Changes

Beginning October 1, 2011, the Spruce Room will no longer be available to us. For our October meeting we will be meeting in Chimacum and we will be going back to winter hours.

Our new meeting time and location will be:

Location: Tri Area Community Center (Room 102)
10 W. Valley Road, Chimacum
(across the street from the Chimacum Grange and Chimacum High School)

Time: October 13, 3-5 PM (Second Thursday of each Month). Place note change of meeting time.

This month we will have a Harvest Celebration Pot Luck.



If you have any questions please call Hugh Musser at 531-3456.

Submitted by: Hugh Musser

Annual Holiday Party

Please mark your calendars for our annual Holiday Party. This will be in place of the monthly meeting. The festivities are on **Sunday, December 4, 2011 from 2 pm through 5 pm**. This is a wonderful potluck with the ham and turkey furnished by the Master Gardeners. Please plan to bring your own table settings, as the paper products we have used in the past is so flimsy. Be sure to bring your drink of choice.



We will have the annual awards given to members as well as our trivia game. We will continue the tradition of the Yankee Swap of gifts. If you bring a "special" gift you go home with an even "more special" gift. This could be anything you find fun or amusing. The dancing flowers reappear every year. For questions or concerns call or email Sharon Commander at 437-2486, or cmds@cablespeed.com.

Submitted by: Sharon Commander

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Plant sale!!!!

The Tri-Area Garden Club will be holding its annual Fall plant sale this Sat, Oct. 1st, at the Tri-Area Community Center from 9 am - 1 pm.

Just in time for fall planting!



WASHINGTON STATE UNIVERSITY



JEFFERSON COUNTY EXTENSION

Master Gardener Foundation

Cooperative Extension programs and policies are consistent with federal and state laws and regulations on nondiscrimination regarding race, color, gender, national origin, religion, age, disability, and sexual orientation. Evidence of noncompliance may be reported through your local Cooperative Extension office.

Extra! Extra! Write all about it!



WRITERS! Your Audience awaits!

Still looking for a few good writers! The JCMGF gardening column **sponsored so generously by Henery's Garden Center needs you. The topics are endless and it's ONLY 350 words. The WSU Master Gardener mission statement might prompt a few ideas. Let's revisit.**

"WSU Master Gardener volunteers make it their mission to educate local community members in applying horticultural science to manage their landscapes and gardens in a science-based, sustainable manner. They address environmental and social priorities such as water conservation, the protection of water quality, reducing the impact of invasive species, increasing public awareness of the value of home and public landscapes and the opportunities for healthy living through gardening. They use gardening classes to teach children environmental stewardship and proper nutrition. Many WSU Master Gardener volunteers give public lectures, seminars or workshops while others write horticultural articles or host radio or TV programs. Some participate with the court system in offering horticulture training as a part of juvenile rehabilitation while others provide enabling gardens and horticulture therapy for seniors. They also enhance communities through their numerous demonstration gardens and donate produce to local food banks. In some communities, low-income citizens learn to grow their own food and become more self-sufficient with the help of Master Gardeners. Whatever the priority need may be, if it can be addressed through gardening, WSU Extension Master Gardener volunteers are there to serve as part of the solution."

There is much to think about in that ONE paragraph. If you have a topic that your inner columnist is anxious to write about, please let me know anytime, but the writing deadline is Wednesday (I have to send it to our contact at *The Leader*). Please send ideas or writings to: christinalacie@earthlink.net

Submitted by: Christina Lacie, Leader column

Secret Garden Tour 2012

Plans for the 2012 Secret Garden Tour are off to a great beginning. Candice Gohn and Christina Lacie (class of 2011) are co-chairing the event, with able help from Bob Grindeland (publicity) and a host of others. The tour, which is slated for June 16, 2012, will return to Port Townsend and feature a collection of spectacularly inspiring gardens. If you know of a unique garden that deserves a place on the tour or if you have a specific job you would like to do, please email Candice at cqohn@embarqmail.com.



Submitted by: Candice Gohn, SGT Co-chair

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M.G. NEWSLETTER

Do you have an idea for an article in the newsletter? Book review? Do you chair a committee? Please submit all items, or events that should be included, to Ali Dyche via e-mail at alibruce113@yahoo.com, or phone 360-732-0433, by the 20th of the month. Thank you!





Chair's Eye View of the (Master) Garden



I hope everyone joins us for our first meeting at our new site for our monthly Master Gardener meetings—The Tri-Area Community Center. If you are not familiar with it or its location, the Community Center is located on the northwest corner at the **flashing light by the Chimacum Schools complex. Remember, this month's and future Foundation Meetings** will run from 3 to 5pm on the second Thursday of the month.

With the end of summer finally here, I am hoping to see many of you at the meeting. The Chairs of many of our committees and programs will undoubtedly be looking for volunteers to fill out their support needs, so please add your names to the lists they will be passing around.

As this is the harvest season, would those of you who have items from your gardens **suitable for an afternoon "tea snack", please bring something to share.**

See you at the meeting!!!

Submitted by: Roger McPherson, JCMGF Chair



Name that Plant

1.



2.



3.



Take the Plant Clinic Challenge

A brief meeting of the Plant Clinic volunteers revealed a real need for more participation by both interns and veterans at the weekly clinics. This was created in part due to MG's not feeling confident enough to respond to strangers. In order to increase confidence and keep skills sharp, The Plant Clinic Challenge was created. Each week, intern Janine Scott, will email the list-serve with a typical plant clinic problem. Everyone can participate, doing the research on their own time. Answers won't be submitted to anyone, only you need to know if you are on the right track. There are many good resources available for your use at WSU library, the internet, and each other. Hopefully everyone will take the challenge and have fun with it. To help Janine have a ready supply...if you have a good photo and/or detailed description of plant damage, or plant to identify, send to Janine at jscott46@gmail.com.



Submitted by: Janine Scott

Fall Foundation Programs



October - bring Brwyn Griffin from the Co-op will talk about the farm to school coalition. We will return to the winter hours of 3-5 pm. We also begin meeting at the **Tri-Area Community Center** in Chimacum.

November - back by popular demand, dramatically for ce.

December - our annual holiday party will serve as the monthly meeting.

Submitted by: Janet Mizuguchi, Jcmgf Co-chair

Kitchen Korner



This recipe comes from Barbara Kingsolver's book "Animal, Vegetable, Miracle", which is full of interesting locavor recipes. Maybe you have some end of season blackberries and basil to try it with. It is quite good.

2-3 apples chopped
2 pints blackberries
2 tablespoons balsamic vinegar
1 large handful basil leaves chopped
¼ cup honey—or more, depending on tartness of your berries

Preheat oven to 400. Combine the above in an ovenproof casserole dish, mix and set aside.

5 tablespoons flour
3 heaping tablespoons brown sugar
1 stick cold butter



Cut butter into flour and sugar, then rub with your fingers to make a chunky, crumble mixture (not uniform). Sprinkle it over the top of the fruit, bake 30 minutes until golden and bubbly.

Submitted by: Roger McPherson

Favorite photos!!!



Photos submitted by: Kris Burns



Rosa rugosa hips



Acer



Sweet Autumn Clematis and Asters

2011 Master Gardener Conference

Lots of fun ,interesting speakers, good in formation, lousy weather. You all missed a great time. I attended sessions on insects, weather, geology of WA, perennials, first detectors, diseases of trees, and making plant sales work. I also attended meetings for MG coordinators and key volunteers with Tonie Fitzgerald , a good time to connect with other counties and what they are doing. The conference was rushed: from one interesting thing to another, conversation cut off, speakers having to stop the Q and A at the end of the session. Lots and lots of information. The conference both gave me a sense of how much I already know and how much more there is to learn. I came home with only 3 plants.

I had an adventure after sessions one day: I took a beach walk, one hours south into the wind. Out of the looming fog , I came upon a washed up fishing boat. Dare II, from Portland OR. She had washed up the night before and already the waves had removed many of the side planks and buried her in sand. A large crowd had gathered and the owner (I guess) was stripping all he could get his hand on. and then On the walk back to the hotel...a sneaker wave almost got me as I was watching the "peeps" running in and out of the waves. I raced up the beach (just wet feet) and it deposited a deep sea fishing pole at my feet... Wooo Hoo ! I took it home. Gifts from King Neptune!



Submitted by: Sarah Fairbank

Fall colors in the Mary Robson Park



Photo submitted by: Judy Johnson

Our Money at work in the Community!

The Grant committee is anxiously awaiting those creative proposals to review for the Fall Grants period. We have been pleased that we are able to help many worthy projects such as community gardens, Quimper Harvest, (the folks that glean produce that might go to waste) the schools in sustainable garden practices, Beach Watchers and others. Some of the final reports are coming and I will summarize three of them:

Gathering Place:

One of our Fall 2010 grantees, the Gathering Place, sent in this report. The Gathering Place is located at Point Hudson and is a place where persons with developmental disabilities can learn cooking and gardening skills. They were awarded money to build a greenhouse. The plan initially was to buy a small pre-fabricated greenhouse. However, the parent of one of the participants agreed to help them build **an 8.5X12' greenhouse which would better suit their needs and could be taken apart and moved if the location of Gathering Place changed.** They raised additional funds for this project. Their greenhouse was completed in March with the help of Boeing Bluebills and other volunteers. In this sunless summer, they had an early crop of Napa cabbage and lettuce. Then, ripe tomatoes by early August, followed in late August by peppers! They just recently planted winter crops of lettuce and spinach. Produce in the garden is used in their cooking class. They would welcome any Master Gardener that would like to take a look. Contact Bruce Starr, 437-2662, or Linda Ferris, 385-4172.

Beach Watchers:

The Beach watcher received a fall 2011 grant to make educational signs for the Port Townsend rain gardens. Two are on upper Sims Way, one near the hot dog stand and another near the NW Maritime Center. As you wander about town, look for the signs to learn about this important way to protect Puget Sound.

North Beach:

Blueberries in a Community Garden

One of our spring grantees, the North Beach Community Garden received Foundation money to develop a **blueberry garden. They also produced a "how to brochure". Here are some excerpts from that brochure** and it will be posted in its entirety on the Master Gardener Web Page:

Essential Initial steps:

Pick a sunny location

Build an enclosure to keep out birds and deer, deer fencing best.

Test the soil and amend if PH is not about 4.5- 5, Granulated sulphur is cheap and works well, test soil again in 2-3 months to see if PH is correct.

Obtain and plant bushes in April, with varieties that ripen at different times. A good source is Bayside Gardens in Brinnon

Mulch and water well especially the first year

Enjoy for the next 12-15 years!

Learn how to care for sore muscles and garden injuries Chinese style

On Monday October 3rd, Quimper Grange will present Jennifer and Barclay Calvert, Chinese medicine practitioners and owners of the Nourishing Life Acupuncture and Chinese Herbal Medicine Clinic. They will describe how to put together a home health kit which will include Chinese herbal formulas for common ailments, a list of acupuncture points for self-care, the use of Moxibustion (heat therapy) to boost the immune system and increase energy, simple techniques for pain relief and information for treatment of wounds and injuries.

Participants will leave the talk knowing how to stop a cold, relieve allergies, treat sports injuries and combat fatigue and boost energy without coffee. Additionally they learn of common Chinese herbal formulas that can relieve indigestion, heartburn, food poisoning or hangovers. Handouts will be available as well as some materials for sale.

Barclay and Jennifer are both practitioners of Acupuncture, Chinese Herbs, Moxibustion, Gua Sha (rubbing) and Tui Na (massage). They completed their graduate studies at Seattle Institute of Oriental Medicine. Barclay majored in pre-med at the University of Washington and Jennifer received her bachelor's degree from Bastyr University. In practice in Seattle and Olympic Peninsula for 9 years, they operate a family medicine clinic in Port Townsend which also includes an Asian style "community clinic" where people receive acupuncture in a group setting, allowing for lower-cost treatments. Information about their clinic can be found at nourishinglifeacupuncture.com.

The program starts at 7:30 pm and is preceded by a potluck dessert/finger food social half-hour from 7pm to 7:30pm. Suggested donation: \$5-\$10. For further information contact: Charlotte Goldman at 385-3455.

Submitted by: Charlotte Goldman

2012 Yard and Garden Update

It's time to start thinking about our Yard and Garden series again! This is our biggest fund raiser and it takes a "village" to pull it off. There are many ways volunteers can help make our signature garden series a big hit from bringing goodies for snacking on during the break to helping with the sound system to setting up, cleaning up and more. I will pass around sign-up sheets at the next Foundation meeting and/or you are more than welcome to contact me at alibruce113@yahoo.com or 360-732-0433.

This year is a bit different as we have a seventh speaker. This is what I have lined up to date. The first six speakers at the PT Community Center and the last one is in the Art Bldg at the Jefferson Co Fairgrounds.

Karen Page –	Jan 14- "Growing Fruits and Nuts"	10 am - noon
Lowell Dietz –	Jan 21- "Mushroom Cultivation and Foraging"	10 am - noon
Jill Silver –	Jan 28- "Native Plant Choices "	10 am - noon
Ken Wilson –	Feb 4- "Gardening for Birds and Wildlife"	10 am - noon
	Feb 11 is not set yet but I am waiting to hear back from a couple of possibilities.	10 am - noon
Willi Galloway –	Feb 18- "Growing, Cooking and Eating your Food"	10 am - noon
Ciscoe Morris –	Feb 25- "Environmentally Friendly Gardening"	1 – 3 pm

Season tickets will be \$45 and will give the holder seats to all seven dates. Day ticket prices are \$10 for the **lectures at the Community Center and \$15 for Ciscoe's talk.**

Submitted by: Ali Dyche, Yard and Garden Chair

Answers to Name that Plant

1. French Honeysuckle - *Hedysarum coronarium*



Description: During the summer their bright red pea like flowers of the French Honeysuckle seem to glow when it starts blooming in early summer. They are fragrant as well, attracting butterflies.

Morphology: This is a herbaceous perennial which grows to 3' in both height and width. Leaflets are odd-pinnate and form in compound leaves (7-15 individual leaflets).

Flowering begins in June and can extend into July. Flowers consist of 1-35 florets.

Adaptation: This plant loves the cooler conditions as found in the Pacific Northwest. In hotter climates the foliage will die down faster in the latter part of the summer. Find a sunny site, preferably one that is alkaline.

Flowers fade to upright seed pods that are yellow and later brown. They hang on the spent foliage during the winter.

Pests: No pests are reported.

2. Mexican Orange Blossom - *Choisya ternata* 'Aztec Pearl'



Description: This plant is native to the higher elevations of Mexico. It features a pleasing orange scent when the flowers or leaves are crushed

Morphology: This is an evergreen shrub that can grow to 8' in both height and width. The leaves are narrow and glossy green.

The flowers occur in clusters or corymbs. They are reported to resemble blossoms of the edible orange tree.

Adaptation: Here in the Northwest this species does best with full sun. It prefers an organic rich site that is well drained.

Pests: Considered to be pest free.

3. Weeping Larch - *Larix desidua* 'Pendula'



Description: For those that like weeping plants the Weeping Larch should be considered for its soft summer foliage and cascading form.

Morphology: While resembling an evergreen conifer this species is actually one that loses its needles during the winter. When grafted onto a 6' tall rootstock this cultivar can grow to 12' in height 10' in width. It will grow quickly at first before spreading in width to become a stately summer focal point.

During the summer the needles are bright lime green, while in the fall they turn golden yellow before they are shed.

Decorative 1" cones form in the fall.

Adaptation: This cultivar loves the cooler summer temperatures of northern latitudes. It is hardy all through the northern states. It does well even where the soil is wet all year long, as would the case near a pond.

Pests: None reported.

Submitted by: Ali Dyche

JCMG Board Meeting Minutes



JEFFERSON COUNTY MASTER GARDENER BOARD MEETING MINUTES OF SEPTEMBER 1, 2011

Members Present: Roger McPherson, Chair; Janet Mizuguchi, Co-Chair; Ora Hickman, Secretary; Kathi Boyker, Treasurer; Marian Meany, Board Member; Hugh Musser, Board Member; and Bob Grindeland, Intern Representative.

Call to Order: The meeting was called to order at 3:05 PM by Roger McPherson.

Quorum: A quorum was present.

Minutes of the Previous Board Meeting: Minutes of the August 4, 2011 Board Meeting were presented. Hugh Musser made a motion to approve the minutes, seconded by Marian Meany and approved by unanimous voice vote.

Treasurer's Report: Kathi Boyker had sent Board Members the Account Balance and Itemized Income and Expense Reports by E-mail. There were very few expenses for August.

Old Business: Hugh Musser said that Sarah Fairbank told him to hold off including intern training in our space issue; i.e. WSU not leasing the Spruce Room effective end of September 2011. She said it didn't need to be held in the same space as our meetings. Hugh, Kathi, Janet and Bob reviewed the Chimacum Tri-Area Community Center, the Chimacum Grange and the Irondale Church. They recommended MG meetings be held in the Tri-Area Community Center. There is a 38 person room equipped with tables, chairs and a projection screen available the 2nd Thursday of each month in the day time. Cost for this room is \$30.00. There is also an adjoining room separated by a folding screen that can be rented for an additional \$20.00. Ora Hickman made a motion that we rent the 38-person room and re-evaluate this decision in December when we review the budget. Marian Meany seconded the motion and it was approved by unanimous voice vote. Further discussion revolved around renting the second room for October and November. Roger suggested we have a Harvest Celebration pot luck in October. Hugh Musser was given permission by the board to contact the Tri-Area Community Center and obligate funds for the 38-person room for MG use from 2:30 PM to 5:30 PM on the second Thursday of each month for 6 months with an option to extend it after that time. MGs would not be meeting at this location in December since we will be having a Christmas Party instead of a meeting. Executive Board Meetings will continue to be held in the Madrona Room.

Kathi Boyker asked if anyone is volunteering as the point person for MG publicity or was each committee chair handling their own publicity. In order to get a uniform "look" for our MG program, Kathi felt we should have one volunteer heading up publicity for all committee chairs. In the past, Diane Threlkeld made great strides toward this goal. It is not known if she continues in this role.

New Business:

Mike McFadden will lead the next Foundation Meeting as most of the Executive Board will be on vacation.

Roger said he and Sarah Fairbank received an e-mail from Pam Roberts. Pam had received an e-mail from Colleen Miko, Horticulture Educator, WSU Kitsap Extension wanting to extend an invitation to our MGs to attend their organic vegetable gardening class they are holding in the winter (4 Saturdays in January and February). Roger thought it might be a good idea for four of our MGs to attend and bring back the information to our foundation. He has sent back an e-mail requesting more information such as cost. The classes will be held during the same timeframe as our Yard and Garden Series.

Marian asked if those who volunteered for various committee chairs were really going to do them. Roger said yes and that they would all be outlined in the September 2011 Newsletter. Many of the new Interns are fully involved.

Committee Reports:

Speaker Committee: Janet Mizuguchi said that Dr. Molly Force will speak at the September Foundation meeting. Her topic is medicinal plants in the garden. In October Brwyn Griffin from the Coop will talk about the "farm to school" coalition.

Grants Committee: October 1st is the fall deadline for grant applications. The poster Sally Chapin designed for the Grant Committee earlier this year is being updated and re-used for publicity. It will be displayed throughout the county and where appropriate, Sally will put it out on the WSU ListServ.

Adjournment: The meeting was adjourned at 4:12 PM.

Submitted by: Ora Hickman, Secretary



JEFFERSON COUNTY MASTER GARDENER FOUNDATION GENERAL MEETING REPORT, SEPTEMBER 8, 2011

Presentation: Dr. Molly Force spoke on medicinal plants in the garden. The discussion was both very educational and enlightening.

Meeting: There were a total of 23 MGs attending the meeting which began at 8:15 PM. Mike McFadden conducted the meeting in the absence of Roger McPherson.

Treasurer's Report: There was no Treasurer's Report as Kathie Boyker was not present.

Announcements:

Mike said that the annual MG State Convention is coming up and there is room available. Raffle items are needed.

The next Foundation Meeting (October 13th) will be held at the Tri-Area Community Center from 3:00 PM to 5:00 PM. There will be a pot luck.

Dr. Molly Force has agreed to speak at the November Foundation Meeting.

Committee Reports:

Mike said that he needs assistance at this Sunday's Plant Clinic at the Chimacum Farmer's Market. He can also use assistance at the Quilcene Fair. He will be manning a MG booth there.

Adjournment: The meeting was adjourned at 8:40 PM.

Submitted by: Ora Hickman, Secretary

The Newsletter

There have been some questions lately about the best way to submit items for the newsletter, what should go in, what shouldn't as well as the final deadline.



When an item is submitted, the easiest and fastest way for me to process them is via email but not mandatory. It also helps if the item is written in a program like Works or Word but it is not required.

I use items that relate to gardening. If you think that others might find it interesting, please send it. If it doesn't quite fit in, I'll contact you immediately to let you know.

I need to change the deadline from the 25 of the month to the 20. I will still send the reminder on the 15 and if an extension is needed, please contact me by the 20 at either alibruce113@yahoo.com or 360-732-0433

Submitted by: Ali Dyche, Newsletter Editor

Schedule of Events

Plant Sale - Sat, Oct 1 9 am - 1 pm at the Tri-Area Community Center

Chinese Therapy - Mon, Oct 3, 7 pm at the Quimper Grange

MG Board Meeting - First Thursday of each month, 3:00 pm, WSU Madrone Room

MG General Foundation Meeting - Second Thursday of each month, 7-9 pm (summer hours), WSU/Spruce Room

Plant Clinics-Tue, WSU, 1-4 pm; Fri, Coop, 2:30-5:30 pm; 2nd and 4th Sun, Chimacum Farmer's Market, 10am-2pm

D

o you have an item for the Calendar/Schedule of Events? Please submit emails to the editor at

alibruce113@yahoo.com or you may call Ali Dyche at 360-732-0433

Committee chairs are especially encouraged to submit dates & times of meetings!

Newsletter Deadline: 25th of the month.

October 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Plant sale 9 am - 1 pm
2	3 Chinese Therapy 7 pm	4 Plant Clinic WSU 1-4 pm	5	6 JCMGF Board Meeting 3-5 WSU	7 Plant Clinic Co-op 2-5 pm	8
9	10	11 Plant Clinic WSU 1-4 pm	12	13 JCMGF Foundation Meeting 7-9 pm	14 Plant Clinic Co-op 2-5 pm	15
16	17	18 Plant Clinic WSU 1-4 pm	19	20	21 Plant Clinic Co-op 2-5 pm	22
23	24	25 Plant Clinic WSU 1-4 pm	26	27	28 Plant Clinic Co-op 2-5 pm	29
30	31 Halloween					



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