

Starting Crops Outdoors

| CROP | PLANT DATE | SEED DEPTH | COMMENTS |
|-----------------------------|-------------------------|------------------------|--|
| Asparagus | Feb.-Mar. | crown 10" | Plant roots/crown. (Seeds take 3+ years to harvest.) |
| Green Beans Bush Pole | May-July May-June | 1" 1" | Sow 3" apart and thin to 6-8". Pre-soak seeds an hour to speed germination. Grow pole beans on trellises or poles made into teepees: 2-3 seeds per pole. |
| Beets | Mar.-Aug. | 1/4"-1/2" | Sow thick; thin for greens. Thin 3-4". |
| Carrots | April-July | 1/8"-1/4" | Thin to 2" for half-long and baby types; 4" for full size. |
| Corn | May-June | 3/4" | Start under cold frame or pre-warm soil with plastic. |
| Cucumber | May-June | 3/4" | Sow 2 or 3 seeds per hill and thin to one plant. |
| Garlic | Oct.-Nov. Feb. | 1" | Plant cloves with tips just below soil. |
| Mustard | Feb.-Sept. | 1/8"-1/4" | Start heading types, "Choys", in pots indoors. |
| Onions | Jan.-Aug. | 1/8" seed 1/2" sets | Use big sets for green onions & save small ones for bulb onions. |
| Parsnips | April-May | 1/4" | Sweetest after a frost. |
| Peas Bush Pole | Feb.-July Feb.-July | 3/4"-1" 3/4"-1" | Plantings after April should be virus-resistant varieties. Provide sticks as supports. Build trellis before planting. |
| Potatoes | Mar.-June | 4" | Plant only "certified seed". Hill up plants as they grow. |
| Pumpkin | May-June | 3/4" | May be started indoors in peat pots. |
| Radish Daikon | Jan.-Sept Jan.-July. | 1/4" 1/4" | Some varieties planted only in July. |
| Spinach | Feb.-May July-Sept. | 1/4" | Plant "winter" varieties in Sept. for fall and spring harvest. |
| Squash Summer Winter | May-June May-June | 3/4" 3/4" | Can be started indoors in peat pots. |
| Swiss Chard | Mar.-Sept. | 1/4 - 1/2" | Can be started in cups indoors. |
| Turnips | Mar.-Aug. | 1/4" | Thin for greens. |



Starting Crops Indoors

| CROP | START DATE (Indoors) | TRANSPLANT | COMMENTS |
|------------------|------------------------------------|--|--|
| Broccoli | Feb. - July | * Transplant twice: (or thin to 3" in flats and fertilize.) | Start fall varieties in June and July - Purple Sprouting, etc. |
| Brussels Sprouts | April - May | 1st. time, with 1 true leaf to 3" apart in flats or to 4" pots. 2nd time, with 3-5 true leaves to outdoor beds. | Later crop over-winters. |
| Cabbage | Feb. - July | * Transplant deeply, bury stem to 1st or 2nd leaf (pick off buried leaf when planting). | Close spacing yields smaller heads. |
| Cauliflower | Feb. - June | | Difficult to grow. Transplant promptly. Fertilize, water regularly. |
| Chinese Cabbage | Feb. -Mar. June - July (late var.) | Sow 2-3 seeds in pot/cup. Thin to 1 plant. Transplant with all soil intact. | Important to grow spring varieties for early crop. Other types will bolt. |
| Celery | Mar. - April | Transplant to 4" pots or to flats. Put out in May or June. | Difficult to grow. |
| Collards | Mar. - Apr. August | Thin to 2" in flats. Plant out when flats are crowded. | May be direct sown in spring. |
| Kale | Feb. - April July | May be handled like broccoli or collards. | May be direct sown in spring. |
| Leek | Jan. - April | When 1/8-1/4" diameter. Do not bury growing center. | Can sow in garden in Mar. for later transplanting. Plant over-winter varieties at same time. |
| Lettuce | Feb. - Aug | Thin to 1" in flats. Transplant out when crowding. | May be direct sown in beds from March on. |
| Onions, bulbing | Jan. - Mar. August | Plant out when stems are 1/8" diameter. | Over-winter varieties may be sown in August. |
| Peppers | March - April | May - June Grow in pots inside or in cold frames until mid-May. | Grow against south wall or under cold frame until July 1. |
| Swiss Chard | Feb. - Sept. | Sow 2-3 seeds in pot/cup. Thin to 1 plant. Transplant with soil. | Over-winters for spring harvest. May also be direct sown into beds. |
| Tomatoes | March - April | May - June Grow in pots inside or in cold frames until mid-May. | Grow against south wall or under cold frame until mid-June. |

03/10