



STRENGTHENING FAMILIES

For Parents/Caregivers and Youth ages 10-14
Tuesdays, February 7 - March 27, 2012

Eight sessions, one session per week

5:30 - 8:00 pm

Mountain View Middle School 6th Grade Families

2400 Perry Avenue, Bremerton, WA 98310

- *Free dinner will be served to your family*
- *Free childcare available for children age 2+*

Enrollment limited to 12 families!

PARENTS LEARN:

- What to expect from their adolescent children
- Over a dozen tools for effectively parenting teens
- How to set limits and show love during the pre-teen and teen years

YOUTH LEARN:

- How to resist peer pressure
- How to handle angry feelings and manage stress
- How to choose positive friends
- Appreciation for their parents

Fill out the registration form below and return by January 27th to:

Mountain View Middle School 6th Grade Office

Questions? Call Deb Wheeler (360) 473-0706

Parent/Caregivers' Names: #1 _____ #2 _____

Telephone: _____ Cell Phone _____ E-mail _____

Name(s) of youth (ages 10-14) enrolled in class **NOTE: Each youth must be accompanied by one adult to classes**

1. Youth Name _____ Age: _____

2. Youth Name _____ Age: _____

Please help us prepare for childcare by listing the names and ages of children age 2+ that you plan to bring

Child's Name _____ Age _____; Child's Name _____ Age _____

*Extension programs and employment are available to all without discrimination.
Evidence of noncompliance may be reported through your local Extension office.*