

Plants in the Woods

When you are out for a walk or are playing in the woods, you want to watch out for and be careful with the following plants:

- ✿ **Death Camas** - *Zigadenus* - entire plant, especially bulbs
- ✿ **Choke Cherry** - *Prunus virginiana* - seeds and leaves
- ✿ **Elderberry** - *Sambucus* - stems, bark & leaves
- ✿ **False Hellebore** - *Veratrum viride* - entire plant
- ✿ **Horsetails** - *Equisetum arvense* - mature plants
- ✿ **Lupine** - *Lupinus* - all parts
- ✿ **Mushrooms** - *Amanita*; *Cortinarius*; *Gyromitra*; *Clitocybe* & Others - All parts
- ✿ **Nightshade** - *Solanum nigrum*; *S. americanum* - entire plant, especially unripe berries
- ✿ **Poison Ivy** - *Toxicodendron* - entire plant
- ✿ **Poison Hemlock** - *Conium maculatum* - entire plant
- ✿ **Poison Oak** - *Toxicodendron* - entire plant
- ✿ **Scouring Rush** - *Equisetum* - mature plant
- ✿ **Skunk Cabbage** - *Lysichitum americanum* - entire plant
- ✿ **Snowberry** - *Symphoricarpos albus* - berries
- ✿ **Water Hemlock** - *Cicuta douglasii* - entire plant

The berries, roots, and leaves of these plants can give you a rash if you touch them or make you very sick if you eat them!

If you suspect that you or someone you know is sick from eating a poisonous plant, call the Washington State Poison Control Center at 1-800-222-1222 or call Emergency Services (Ambulance) at 911

**For more information:
Contact the Master Gardener
Diagnostic Clinic
May through September**

Tuesdays 11:30 a.m. - 2:30 p.m.

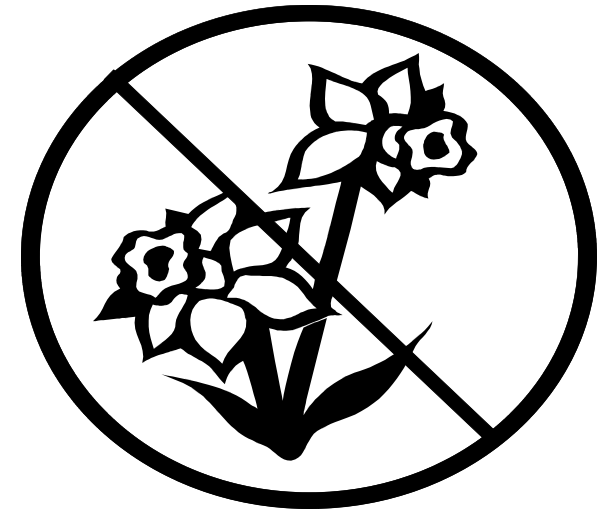
WSU Extension Office
507 N Nanum, Room 2
Ellensburg, WA 98926

Phone: (509) 962-7507
Upper County Toll Free: (509) 674-2584
Ext. 507

<http://www.co.kittitas.wa.us/extension/default.asp>

WSU Extension programs and employment are available to all without discrimination. Evidence of non-compliance may be reported through your local WSU Extension office. Trade names may have been used to simplify the presentation of information. No endorsement of products is intended.

Kids Safety Poisonous Plants in the Home & Garden



Hilary Foss
WSU Master Gardener Coordinator
Kittitas County
&
Patrice Andersen
WSU Master Gardener

Kids Safety - Poisonous Plants in the Home and Garden

Did you know that some plants could make you sick? Don't eat plant leaves, flowers, stems, or berries, if you don't know what kind of plant it is. It might make you sick!

If you don't know what kind of plant it is you should do the following:

- ◆ **Leave it alone!**
- ◆ **Don't eat or touch it!**
- ◆ **Go ask your mom or dad if this plant is safe to touch - (This means checking about any ornamental plant in the garden or houseplant that you are not familiar with).**
- ◆ **Check to see if it is safe to eat if it came from the vegetable garden! For example, the leaves of potato, tomato, rhubarb, and eggplant are not safe to eat! (Check with your mom or dad, if you aren't sure).**
- ◆ **Always wash your hands after working in the garden!**
- ◆ **Don't eat berries from plants, unless mom and dad say they are safe!**
- ◆ **If you aren't sure, leave it alone!**

Houseplants

Here is a list of poisonous houseplants that you might find in your home. Leave them alone!

- ✿ **Amaryllis** - *Hippeastrum* - entire plant, especially bulb
- ✿ **Caladium** - *Caladium* - entire plant in flower
- ✿ **Devil's Ivy** - *Scindapsus aureus* - entire plant
- ✿ **Dieffenbachia or Dumbcane** - *Dieffenbachia* - entire plant
- ✿ **Elephant Ears** - *Colocasia esculenta* - entire plant in flower
- ✿ **English Ivy** - *Hedera helix* - leaves and berries
- ✿ **Philodendron** - *Philodendron* - entire plant
- ✿ **Pothos** - *Epipremnum aureum* - entire plant
- ✿ **Needlepoint Ivy** - *Hedra* - leaves
- ✿ **Poinsettia** - *Euphorbia pulcherrima* - leaves and stems
- ✿ **Rosary Pea** - *Abrus precatorius* - seeds

Garden Plants

Here is a list of poisonous plants that you might find in your garden. Leave them alone!

- ✿ **Bleeding Heart** - *Dicentra* - entire plant
- ✿ **Buttercups** - *Ranunculus* - entire plant
- ✿ **Delphinium** - *Delphinium* - entire plant in flower
- ✿ **Daffodil** - *Narcissus* - entire plant, especially bulbs
- ✿ **Four O'Clock** - *Mirabilis jalapa* - roots and flowers

- ✿ **Foxglove** - *Digitalis purpurea* - entire plant
- ✿ **Golden Chain Tree** - *Laburnum anagyroides* - bean like capsules in which seeds are suspended
- ✿ **Holly** - *Ilexaquifolium* - fruit (ripe)
- ✿ **Hyacinth** - *Hyacinthus orientalis* - bulbs
- ✿ **Hydrangea** - *Hydrangea* - leaves and flowers
- ✿ **Iris** - *Iris* - entire plant, especially underground stems
- ✿ **Juniper** - *Juniperus* - berries
- ✿ **Larkspur** - *Delphinium* - entire plant (young) and seeds
- ✿ **Lily-of-the-Valley** - *Convallaria majalis* - leaves and flowers
- ✿ **Lobelia** - *Lobelia* - entire plant in flower
- ✿ **Morning Glory** - *Convolvulus* or *Ipomoea* - seeds
- ✿ **Monkshood** - *Aconitum napellus* - entire plant especially fleshy roots
- ✿ **Oaks** - *Quercus* - acorns and leaves
- ✿ **Poppy** - *Papaver somniferum* - entire plant
- ✿ **Privet** - *Ligustrum vulgare* - leaves & berries
- ✿ **Rhododendron** - *Rhododendron* - entire plant
- ✿ **Rhubarb** - *Rheum rhabarbarum* - leaf blade
- ✿ **Sedum** - *Sedum* - entire plant in flower
- ✿ **Snow-on-the-Mountain** - *Euphorbia marginata* - entire plant in flower
- ✿ **Star of Bethlehem** - *Ornithogalum umbellatum* - entire plant
- ✿ **St. John's Wort** - *Hypericum perforatum* - plant
- ✿ **Tulips** - *Tulipa* - bulbs
- ✿ **Wisteria** - *Wisteria* - seeds and pods