

4-H Food Activity Entry Form for the Southwest Washington Fair DUE* July 18th, 2011, 4 PM

If DUE date falls on a day that the office is closed, all forms will be DUE on the following business day.

*For complete descriptions and important information on these activities, see the Southwest Washington Fair Premium Book, available to view at the Extension and Fair Office, or find it on-line at www.southwestwashingtonfair.net

First & Last name: _____ **Grade just completed:** _____

Circle One Class: Pr. =D, Jr. =A, Int. =B, Sr. =C **Exhibitor number:** _____

Complete Mailing Address: _____

City: _____ **Zip Code:** _____

Club name: _____ **Days/ Times NOT available:** _____

Leader/Parent: _____ **Phone number:** (____) _____

e-mail address: _____

____ Yes, I want to donate my premium to the Southwest Washington Fair. I do not wish to receive my premium check.

Signature (parent or guardian if under 18 years of age) _____

- Notes:** 1) Contestants will be penalized for using more than the allotted time or significantly going under the allotted time. Please fill in the Lot number where blank spaces exist.
2) Make copies as needed for each child to fill out or download and print at <http://county.wsu.edu/lewis>
3) All Primary Classes are non-premium classes

Activities and Contests - mark with an X, fill in any additional information



Div. 7) Table Setting – Individuals Only

- ❖ Contestants will bring a written plan, listing the menu and planned occasion. Using their own dishes, utensils, glassware, linens and centerpiece, they will demonstrate the correct place setting for two (2) places.
- ❖ Paper and plastic may be used where appropriate to carry out some themes.
- ❖ Please refer to contest rules C1075E 4-H Table Setting Activity (Lot 2). C1076 “4-H Table Setting Activity Scorecard” will be used for evaluation. Also refer to EM3443 Dinner is Served.
- ❖ Up to 1 ½ hours (90 minutes) will be allowed for the completion of the entire activity. This includes setting up, the activity (setting the table in front of the judge), judge’s interview, and clean up.

- ____ Primary
- ____ Junior
- ____ Intermediate
- ____ Senior

Please be prepared to leave your table setting up for multiple days so that the public may have a chance to view your work.



Div. 8) Foods for All Occasions – open to members enrolled in a foods and nutrition project or Juniors in “Adventures in Family Living”, not open to Primary participation.

- Lot:**
1. ____ Individual – maximum 2 hrs.
 2. ____ Team – maximum 2 hrs.
 3. ____ Individual – maximum 3 hrs.
 4. ____ Team – maximum 3 hrs.

Team Member’s Name (must also turn in a registration sheet): _____

Div. 9, Lot 1.) Lunch on the Go – Individuals only, maximum time allotted 1 ½ hours, not open to Primary participation.

- Class:** A. _____ Junior, individual, time needed _____
B. _____ Intermediate individual, time needed _____
E. _____ Senior individual, time needed _____

Div. 9, Lot 2.) Quick to Fix Meals – Individuals Only, maximum time allotted 2 hours, not open to Primary participation

Title of Meal: _____

- Class:** A. _____ Junior, individual, time needed _____
B. _____ Intermediate individual, time needed _____
E. _____ Senior individual, time needed _____



Div. 9, Lot 3.) Favorite Foods

Maximum time allotted 3 hours for Intermediates & Seniors, team or individual
Maximum time allotted 1 ½ hours for Juniors, individuals only, not open to Primary participation

Favorite Food: _____

- Class:** A. _____ Junior, time needed _____
B. _____ Intermediate individual, time needed _____
C. _____ Intermediate team, time needed _____
E. _____ Senior individual, time needed _____
F. _____ Senior team, time needed _____

Div. 9, Lot 4.) Foods of the Pacific Northwest/ Exploring Foods Around the World/ Native Foods – must be enrolled in one of the above listed projects, *individuals only*, not open to Primary participation

- Class:** A. _____ Junior, limited to 1 ½ hours
B. _____ Intermediate /Senior Maximum 2 hr.
E. _____ Intermediate/ Senior Maximum 3 hr.



Div. 10) Bread – Must be enrolled in a bread baking project or Juniors in “Adventures in Family Living”, individuals only. Primary and Junior members will be limited to two hours.

- Lot: 1. _____ Maximum 2 ½ hr. (quick bread)
2. _____ Maximum 3 hr. (yeast bread)

Div. 11) Food Preservation – must be enrolled in this project. Primary and Junior members freezing and drying only!

- Lot: 1. _____ Maximum 3 hr. – water bath canning
2. _____ Maximum 1 ½ hrs. – prepare product for freezing or make jam or jelly
3. _____ Maximum 3 hr. – pressure canning
4. _____ Maximum 1 ½ hr. - freezing
5. _____ Maximum 1 hr. – prepare product for drying (bring finished product from home)

Foods Judging Contest will be Mon. Aug. 8th from 10 AM to 2 PM, in the 4-H Building at the Southwest Washington Fairgrounds. No pre-entry required!

Cooperating agencies: Washington State University, U.S. Department of Agriculture, and Lewis County Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported to your local Extension Office.